**The RINJ Foundation**

**HAND SANITIZER INSTRUCTIONS:**

1. Apply enough sanitizer to completely cover both hands.

2. Rub hands together, palm to palm.

3. Rub back of each hand with palm of other hand.

4. Spread sanitizer over and under fingernails

5. Spread sanitizer between fingers

6. Keep rubbing hands together until they are dry. Do not dry with a towel.