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Kathleen Mary Sheridan's Latest Blog Entry ...

My entire life was hell before I found out I'd been cut...

Kathleen Mary Sheridan

Current mood:  sad

My entire life was hell before I found out I'd been cut...

"...[My entire life was hell before I found out I'd been cut](#), so when I found out, a lot of bad old feelings actually went away.. So I am hoping that healing can begin for many of my sisters and brothers who are still unaware that they were traumatized as children. Until they know the horror of it, and until they release the fear and terror around it, they might just be wondering why they kick the dog, throw the cat against the wall, yell at the wife, beat the kids, hate the boss, and frantically accumulate wealth to the detriment of their own integrity...."

"...[I hope this blog and my book](#) will plant seeds of hope for your healing and/or compassion for the overwhelming number of people—both men and women—who have had this awful thing happen to them...."

"...I have always noticed myself not being fully present in the moment. Whenever the going gets rough, I get going, right into some sort of comatose-like, dissociative state where I am not fully present, not fully alive. Could this be a learned behaviour from a childhood trauma?..."

Kathleen Mary Sheridan

<http://www.genitalintegrity.net/blouch/category/female/>

17 Dec 2007

U.S. Prohibition of Female Genital Mutilation Kathleen Mary Sheridan

A BILL

Entitled the "Federal Prohibition of Female Genital Mutilation Act of 1995"

Be it enacted by the Senate and House of Representatives of the United States of America in Congress assembled,

SECTION 1. SHORT TITLE

This Act may be cited as the "Federal Prohibition of Female Genital Mutilation Act of 1995".

SEC. 2. TITLE 18 AMENDMENT.

(a) IN GENERAL.--Chapter 7 of title 18, United States Code, is amended by adding at the end of the following new section:

"116. FEMALE GENITAL MUTILATION

"(a) Except as provided in subsection (b), whoever knowingly circumcises, excises, or infibulates the whole or any part of the labia majora or labia minora or clitoris of another person who has not attained the age of 18 years shall be fined under this title or imprisoned not more than 5 years, or both.

"(b) A surgical operation is not a violation of this section if the operation is --

"(1) necessary to the health of the person on whom it is performed, and is performed by a person licensed in the place of its performance as a medical practitioner; or

"(2) performed on a person in labor or who has just given birth and is performed for medical purposes connected with that labor or birth by a person licensed in the place it is performed as a medical practitioner, midwife, or person in training to become such a practitioner of midwife.

"(c) In applying subsection (b) (1), no account shall be taken of the effect on the person on whom the operation is to be performed of any belief on the part of that or any other person that the operation is required as a matter of custom or ritual.

"(d) Whoever knowingly denies to any person medical care or services or otherwise discriminates against any person in the provision of medical care or services, because --

"(1) that person has undergone female circumcision, excision, or infibulation; or

"(2) that person has requested that female circumcision, excision, or infibulation be performed on any person;

shall be fined under this title or imprisoned not more than one year, or both."

(b) CLERICAL AMENDMENT.--The table of sections at the beginning of chapter 7 of title 18, United States Code, is amended by adding at the end the following new item:

"116. Female genital mutilation."

SEC. 3. INFORMATION AND EDUCATION REGARDING FEMALE GENITAL MUTILATION.

(a) IN GENERAL. -- The Secretary of Health and Human Services shall carry out the following activities:

(1) Compile data on the number of females living in the United States who have been subjected to female genital mutilation (whether in the United States or in their countries of origin), including a specification of the number of girls under the age of 18 who have been subjected to such mutilation.

(2) Identify communities in the United States that practice female genital mutilation, and design and carry out outreach activities to educate individuals in the communities on the physical and psychological effects of such practice. Such outreach activities shall be designed and implemented in collaboration with representatives of the ethnic groups practicing such mutilation and with representatives of organizations with expertise in preventing such practice.

(3) Develop recommendations for the education of students of schools of medicine and osteopathic medicine regarding female genital mutilation and complications arising from such mutilation. Such recommendations shall be disseminated to such schools.

(b) DEFINITION. -- For purpose of this section, the term "female genital mutilation" means the removal or infibulation (or both) of the whole or part of the clitoris, the labia minor, or the labia major.

SEC. 4. EFFECTIVE DATES

Section 3 of this Act shall take effect immediately, and the Secretary of Health and Human Services shall commence carrying it out not later than 90 days after the date of the enactment of this Act. Section 2 of this Act shall take effect 180 days after the date of the enactment of this Act.

16 Dec 2007

After being ignored I figuratively raised my voice.

Kathleen Mary Sheridan

Date: Sat, 15 Dec 2007 15:54:19 -0500
 Subject: backlog of four (4) philip.sheridan emails undelivered(?)
 To: russell.katz
 Cc: karen.palardy etcetera

Hello Sir:

My Dad (philip.sheridan@fda.hhs.gov) said Thursday on the phone that he does not get nor acknowledge emails from me. Could somebody fix that for him? I could not get that clarified because he was yelling profanity and threats at me while my mother explained I should understand why he is upset. I saw a video once of how some people get when their computer doesn't work. Not a pleasant sight. :(Is his email broken? Could you help my Dad? It is important that he gets this backlog of four (4) emails, a week or more before Christmas. I have explained all this verbally but I need to do it in writing. Please let me know. Please pass it on if you get it.... sorry to be a

nuisance but my Dad is terrible at computer stuff.

I can never get a word in edgewise in our weekly phone convos with mom or dad or brothers and sisters... so I say it here. I am just wonderful. I am doing very well, I am healing nicely since leaving home; I am very happy; learning many new skills; executing a superb life plan; and I wish everyone a happy holiday. I am a little furious about some things but I won't go into that now. I hope my parents and brothers and sisters are all getting my many post cards and have a peaceful holiday season.

-Kathleen Mary Sheridan

Message: November 25

Subject: B-Days
From: "Kathleen Mary Sheridan"
Date: Sun, November 25, 2007 5:20 am
To: philip.sheridan@fda.hhs.gov
Priority: Normal
Message details

Hi Dad!

Do you remember you asked me for my email address so you could send me something? I can't remember what that thing was.

Anyway, I wanted to wish you and the family a belated Thanksgiving by email and at the same time give you my email address.

If you have a moment I would appreciate having a list of family birthdays just so I don't forget any.

-Kathleen Mary Sheridan

Message: December 4

Subject: Update on contact phone....
From: "Kathleen Mary Sheridan"
Date: Tue, December 4, 2007 4:35 am
To: philip.sheridan@fda.hhs.gov
Priority: Normal

Dad:

I can give you an update on my contact phone numbers.

The secured phone number "202-657-4066" was leased for three months to receive calls from your phone numbers only. That line was created September 1-2, 2007 (in a rush, due to my unexpected arrival in Canada) to allow toll-free contact with me. As of November 30, 2007 my

number "202-657-4066" is replaced by 301-637-6602 which accepts calls from any number and is toll-free from Maryland.

Recent travel outside my local calling area has meant that I needed to call forward my calls to my voice mail instead of my cell phone. I hope the family received and enjoyed my post cards. I have, received your message from yesterday. I hadn't forgotten about Mary Anne's birthday on the 29th of November. I hope all went well and she had a nice birthday. It was nice talking to Mary Margaret a week prior.

Not I, nor the U.S. government, has received from you your signed form DS-11 06-2006 ("Application for a U.S. Passport") as of yet. (remember you promised to look into getting that done?) I will assume that you have not done that. I am following another process instead.

In the last three months I have spoken with you and mom about my personal property. Alternately you have both swayed unsteadily on the issue and while one would waver the other would totter back and forth and stagger this way and that on the matter. My trip to DC was a complete and utter failure. Your proclivity to vacillate and mom's indecisive actions and irresolute orders to you left everyone scratching their heads. Not everyone, including Mom, Philip, Tess and Mrs. Holland are singing from the same choir book as yours. You have not been up-front and honest with me. Shame.

Here's the point. You made my personal belongings a point of issue with the misguided handling of my suitcase and the persistent claim that I have no rights nor possessions. You played head games with my underwear. So. You want a fight over this do you? Just like you and mom advance and withdraw love and material things in your game of abuse and manipulation you used my toothbrush and underwear in the same way for the past three months. My interest in your games is waning as you might have noticed.

If you don't know what my personal belongings are, look up the United Nations definition. I refer to my exclusive use of articles like my own diary, notes, intellectual properties, keepsakes, toothbrush, outerwear, brassiere and underpants and that exclusive use makes them mine and having no value to anyone but me etceteras. OMG Have you sliced up my clothes again with scissors and razors? Is that why you can't work this out? I sure hope not.

It's possible in the rush to give my bedroom to the girls on September 2nd and in the ransacking of my suitcase from August 31, the contents of my bedroom as of the morning of September 1, 2007 may not be as they were and some of my belongings (those which were not attacked by a pervert who sliced and diced my undies with scissors and razors) may have been scoffed by my sisters. Ok. I love my sisters. So be it. But I want the bulk of my personal possessions as a matter of principal. You promised to arrange that. You dropped the ball. Fix this problem. It was our only point of discussion. Otherwise we had nothing to talk about. If you do not intend to cooperate with me in any way, just say so and stop bothering me. *Stop harassing me. Stop lying to me. Stop calling me stupid and a dead-ender and so on. I am fed up with your abuse. I mean it. The way I was treated in the years before I left

makes me sick to remember and should make you ashamed of how you continue to behave.* You want to continue a fight? For what? What do you think you and mom are winning. My disgust? Ick!

I know what you have done to me. You need to think hard before you injure me any more than you have done already.

I ask you for my personal belongings to be put into my possession or in the alternative into my care and control in some manner before December 25th, 2007.

Meanwhile, I hope everyone is in good health and enjoying the start of the holiday season.

-Kathleen Mary Sheridan

Message: December 12

Subject: More on my belongings
From: "Kathleen Mary Sheridan"
Date: Tue, December 12, 2007 10:30 am
To: philip.sheridan@fda.hhs.gov
Priority: Normal

Maybe you don't understand this but the horrible mental pictures I have of what has happened in the past and the shards of my torn underwear scattered around my bedroom, I loathe the thought of my personal possessions being in my abuser's hands. Maybe if you feel better about it you can destroy my belongings in a way that is capable of proof and I will let it go...

In any case, not with your threats of harm, not your interference, nor your violence nor your words, you will never mistreat me again.

Kathleen Mary Sheridan

... for the rest of this read my other blogs....

14 Dec 2007

I am hoping to find out how many American women in the United States...

Current mood:  **anxious**

Kathleen Mary Sheridan

"I am hoping to find out how many American women in the United States have been subjected to female genital mutilation. I suspect there are far more than we would ever imagine. I hope, if you were cut, you will get in touch with me. I am sorry it happened to you, and we can support each other in the process of healing the mental, emotional, and spiritual wounds... maybe we can ever figure out how to restore our bodies to their original function."

Please read my Blog on

Female Genital Mutilation

07 Dec 2007

FGM - Female Genital Mutilation

Current mood: motivated and determined to get out this message

Female Genital Mutilation

Kathleen Mary Sheridan

Female Genital Mutilation in all forms, in all communities, in all countries, for all reasons, MUST be stopped!

This term we have recently been frightened with, FGM (Female Genital Mutilation) is primarily practiced in 28 countries on the continent of Africa, but also practiced in so-called 'sophisticated', 'rich' countries such as the United States, New Zealand, Europe, Australia and Canada.

Our informational blog seeks to promote awareness of this horrific form of abuse towards females including babies, children and women.

Female Genital Mutilation is a collective name to describe procedures that involve partial or total removal of the external female genitalia or other injury to female genital organs whether for cultural or other non-medical reasons.

FGM is a violation of the human rights of girls and women; and it is a grave threat to their health. It enters human rights discourse primarily on the basis of three issues: informed consent, patriarchal oppression, and violence against women. The issue of informed consent mirrors the debate about male circumcision though with far more intensity. African feminists generally reject the imported women's rights discourse that universally adopts an assumption of male dominance, and prefer instead to realize their gender roles on their own terms. FGM is a blatant act of violence against women. It is mutilation and has horrible consequences.

The World Health Organization has divided Female Genital Mutilation into four types:

- **Type I:** clitoridectomy (circumcision) consisting in removal of the prepuce with or without excision of part or the entire clitoris.

- **Type II:** excision, < consisting in >removal of the prepuce and the clitoris along with partial or total excision of the labia minora.
- **Type III:** infibulation, the form of FGM common in the countries of the Horn of Africa, consisting of the partial or total removal of the external genitalia. The two sides of the vulva are then sewn with a suture or thorns, reducing the size of the vulval opening and leaving only a small hole for the passage of urine and menses.
- **Type IV:** includes various practices of manipulation of the female genital organs - piercing or incision of the clitoris and/or labia; cauterization by burning of the clitoris and surrounding tissue; scraping of the vaginal opening (angurya) or cutting of the vagina (gishiri); introduction of corrosive substances in the vagina to cause bleeding or introduction of herbs with the aims of narrowing the vagina.

The age at which girls undergo FGM varies enormously according to the ethnic group practising it. The procedure may be carried out when the girl is a newborn, during childhood, adolescence, at the time of marriage or during the first pregnancy.

Consequences Of Fgm:

The consequence of FGM depends on the type of operation performed (infibulation clearly has more serious consequences), the ability and experience of the one performing the operation, the hygienic conditions under which it is performed, and the girl's health at the time of the operation.

Immediate Consequences

- **Shock:** due not only to the severe pain caused by an operation performed without anesthesia but also to the loss of blood which can continue for several days even when moderate, or to sepsis.
- **Hemorrhage:** the most common and almost inevitable consequence, given that amputation of the clitoris can also involve resection of the dorsal artery. Moreover, even amputation of the labia can cause damage to veins and arteries. Prolonged hemorrhage can cause a girl's death or lead to long term anemia.
- **Infections:** due to unsanitary conditions, use of unsterilized instruments and the fact that urination and defecation take place over the wound in girls that are bound. In the case of infibulation, an internal explosion of the infection can occur that can affect organs such as the uterus, the fallopian tube and the ovaries, causing chronic pelvic infections and infertility.
- **Urinary retention** lasting eight to ten days: These girls find urination extremely painful due to inflammation of the wound on the vulva. This complication can cause infections of the urinary tract.
- **Lesions** of adjoining tissue such as the urethra, vagina, and perineum: This is also due to the use of unsterilized instruments, the lack of proper illumination during the operation, the lack of anatomic knowledge in the practitioners and the struggling of the patient. More frequent are lesions of the anal and rectal opening with cutting of the anal sphincter and residual incontinence.
- **Tetanus** can be contracted through use of unsterilized equipment.
- **HIV/AIDS**, the HIV/AIDS virus can be transmitted by using the same instruments for many operations.

Long-Term Consequences

- **Loss of blood:** can take place when the procedure is carried out on an infected wound, for example in the case of repeated infibulations and of re-infibulation after childbirth.
- **Difficulty urinating:** due to obstruction of the urinary opening and damage to the urinary tube. Urination can be painful and lead to urinary retention, frequent urge to urinate, incontinence and infections of the urinary tract.
- **Frequent infections** of the urinary tract: often due to damage to the lower urinary tract produced by mutilation. Frequent infections of this type are common, especially in infibulated women.
- **Incontinence:** can be caused by damage to the urethra during the operation. Incontinence cause lead to a woman's being segregated from society.
- **Chronic pelvic infections:** common to infibulated women: The FGM and partial occlusion of the vagina and the urethra increase the probably of infection.
- **Infertility:** due to the infections that can cause irreparable damage to the reproductive organs.
- **Keloids:** thickened, fibrous skin tissue resulting from chronic inflammatory stimulation. These formations often diminish the size of the vaginal opening with serious consequences.
- **Dermoid cysts:** cysts caused by inclusion of a fragment of skin that can develop into a tumor.

Consequences To Overall Health

- **Neuroma:** can develop when the dorsal nerve of the clitoris is cut. The entire genital area becomes hypersensitive and cause intense, permanent pain.
- **Stones:** may occur due to residue of the menstrual flow or by urinary deposits in the vagina and the space behind the tissue created by infibulation.
- **Fistulae:** perforations or lesions between the vagina and the bladder due to damage from FGM or the repetition of defibulation or reinfibulation, sexual relations or difficulty in childbirth. The continuous loss of urine and feces caused by the fistulae can torment these women's lives and lead to their being rejected by society.
- **Sexual dysfunction:** the most common consequences are pain during intercourse and reduction of sensitivity following the clitoridectomy, but especially as a result of infibulation. Penetration is difficult, if not impossible and in some cases, a second cut is necessary.
- **Menstrual problems:** these often occur due to the partial or total occlusion of the vaginal opening. This can lead to dismenorrhea. Hematocolpus can result due to menstrual blood stagnating in the vagina for many months. In these cases, swelling of the abdomen caused by the accumulation of menstrual blood, along with the apparent lack of menstruation can lead to suspicion of pregnancy creating many social problems for the girl.
- **Problems during pregnancy and childbirth:** very common in women who have undergone FGM. The resistant scar tissue can prevent dilation of the birth channel and cause an obstructed labor. The woman's exhaustion during expulsion can lead to urinary inertia and loss of blood which can cause the baby's death. In addition, the child can suffer from brain damage.
- **Infibulation** can lead to other problems. It is, for instance, almost impossible to conduct a pelvic examination. As a result, it is very difficult if not impossible to evaluate a dangerous pregnancy or diagnose illness. If the opening left after infibulation is very tight, it is also impossible to prevent infections to the reproductive apparatus. Nor is a pap test possible, meaning that it is impossible to diagnose some tumors.

Sexual And Psychological Problems

Studies on the psycho-sexual effects of the practice are few. The literature however points to the following complications:

- **frigidity**
- **lack of orgasm** due to amputation of the clitoris
- **difficulty** of penetration due to stiffening of the vagina tissue
- **behavior disturbances**
- **psychosomatic illness**
- **anxiety**
- **depression**
- **nightmares**
- **psychosis**

Origins Of Fgm

The origins of the practice are unclear. It predates the rise of Christianity and Islam. There is mention made of Egyptian mummies that display characteristics of FGM/FGC. Historians such as Herodotus claim that in the fifth century BC the Phoenicians, the Hittites and the Ethiopians practised circumcision. It is also reported that circumcision rites were practised in tropical zones of Africa, in the Philippines, by certain tribes in the Upper Amazon, and in Australia by women of the Arunta tribe. It also occurred among the early Romans and Arabs. As recent as the 1950s, clitoridectomy was practised in Western Europe and the United States to treat 'ailments' in women as diverse as hysteria, epilepsy, mental disorders, masturbation, nymphomania, melancholia and lesbianism. In other words, the practice of FGM/FGC has been followed by many different peoples and societies across the ages and the continents.

Excuses Given for Female Genital Mutilation

The given reasons for the practice of FGM (primarily in the 28 African countries, and a few countries in the Middle East and Asia) is the set of beliefs, values, cultural and social behaviour patterns that govern the lives of people in society. The various reasons can be categorized into five headings as follows:

Psychosexual Excuses

FGM/FGC is carried out as a means to control women's sexuality (which is argued to be insatiable if parts of the genitalia, especially the clitoris, are not removed). It is thought to ensure virginity before and fidelity after marriage and/or to increase male sexual pleasure.

Sociological And Cultural Excuses

FGM/FGC is seen as part of a girl's initiation into womanhood and as an intrinsic part of a community's cultural heritage/tradition. Various myths exist about female genitalia (e.g. that if uncut the clitoris will grow to the size of a penis; FGM/FGC would enhance fertility or promote child survival, etc.) and these serve to perpetuate the practice.

Hygiene And Aesthetic Excuses

In some communities, the external female genitalia are considered dirty and ugly and are removed ostensibly to promote hygiene and aesthetic appeal.

Religious Excuses

Although FGM/FGC is not sanctioned by either Islam nor by Christianity, supposed religious precepts (e.g. the mention of 'Sunna' in the Koran) are often used to justify the practice. Another example is Opus Dei which seeks to prevent female members and their offsprings from 'enjoying' masturbation or partner-intimacy.

Socio-Economic Excuses

In some communities, FGM/FGC is even a prerequisite for marriage. Where women are largely dependent on men, economic necessity can be a major determinant to undergo the procedure. FGM/FGC sometimes is a prerequisite for the right to inherit. FGM/FGC may also be a major income source for circumcisers.

Conclusion

The "medicalization" of FGM which is willful damage to healthy organs for non-therapeutic reasons is unethical and has been consistently condemned by WHO. (World Health Organization as well as outlawed in Canada (1992) and the United States (1995).

Hillary Clinton, then first lady, stated in 1995 at the Fourth World Conference on Women in Beijing, China that "it is a violation of human rights when young girls are brutalized by the painful and degrading practice of genital mutilation". The Report of the Fourth World Conference on Women (1995) makes ten mentions of female genital mutilation in a call to "prohibit" FGM, "enact and enforce legislation" and "give priority to educational programmes that emphasize the elimination of harmful attitudes and practices, including female genital mutilation and recognizing that some of these practices can be violations of human rights and ethical medical principles". By legitimizing FGM as a human rights violation, the United States passed 22 U.S.C. 262k-2 [22] [23] in 1997, a broadly worded law that effectively outlaws "female genital mutilation" all over the world by threatening the denial of loans and aid from the eight largest international banks.

Some countries in the area of practice have also prohibited FGM but the practice goes on in secret.

Religious extremism fuels this physical mutilation and emotionally-damaging (even deadly) practice.

FGM is present in North America for a few reasons, one being immigration and the other being domestic fanatic religious zealots.

The latter we shall not discuss in detail for the moment due to a current investigation.

Religious groups include (but are by no means limited to) members of the Catholic cult Opus Dei. The Catholic church is vehemently, radically and zealously opposed to fornication, masturbation, homosexuality, birth control...etceteras.

Opus Dei, as a cult of the Catholic church, shares the views of the Catholic church on sexuality. Opus Dei is very secretive of its ways and practices. Some practices of Opus Dei were exposed in the book *The Da Vinci Code* by Dan Brown. FGM is sometimes practiced by Catholic/Opus Dei religious zealots in the US and Canada! FGM is performed at varying ages on girls in order to eliminate sexual pleasure and satisfaction.

In scalping the tip of the clitoris (as in 'excision') or removing completely the clitoris, the result is the lack of the ability to have a clitoral orgasm or sexual tension release. The woman has lost part of her body and her sexuality. Masturbation by stimulation of the clitoris is futile although many girls struggle alone at night with this for hours as there is no clitoris after FGM has been performed.

Opus Dei views women as chattles and their sole purpose is to produce children and raise them to be Opus Dei members ("soldiers for God"). Sexual intercourse is solely for procreation and only males should derive pleasure from the action. This is a seriously skewed and harmful view towards women.

FGM is practiced widely in Africa and while it is reassuring that awareness is slowly spreading to Western societies, few are aware that FGM is practiced within cults such as Opus Dei. These religious zealots and fanatics need to be exposed and their cruel Dr. Mengala-esque practices must be stopped.

It is no wonder there is so much spousal abuse, child abuse and domestic violence in these cults. When women are mistreated and abused it is damaging to all. Abuse fuels more abuse, the abused become the abusers...The seemingly endless chain of abuse needs to be broken with the cessation of brutalizing and mutilating women.

Female Genital Mutilation in all forms, in all communities, in all countries, for all reasons, MUST be stopped!

How Do American Religious Zealots Get Away With Slicing Their Daughter's Genitals?

[Read this Blog](#)

[Montgomery County Police Department: Standing on guard to protect the right of religious fanatics in Washington DC Village of Chevy Chase and Bethesda to slice and dice their daughters genitals to prevent masturbation and "sexual temptation" enforcing the neo-con cultists edict that females are for breeding more "Soldiers of God" and that God forbids woman to enjoy sexual activity. Ick.](#)



A police department that protects a ring of Josef-Mengele-Like 'cutters' who operate a secret ring of anti-feminine-sexuality butchers who with the secretive help of Opus Dei insiders within the FDA and Walter Reed Memorial Hospital and elsewhere, mutilate the daughters of Opus Dei cult members.

06 Dec 2007

abusers are silent when confronted...

Current mood: aware and wary

This email to philip sheridan was sent Tue, December 4, 2007 at 4:35 am
i am still awaiting, but not holding my breath, on the reply.

Dad:

I can give you an update on my contact phone numbers.

The secured phone number "XXX-XXX-XXXX" was leased for three months to receive calls from your phone numbers only. That line was created September 1-2, 2007 (in a rush, due to my unexpected arrival in Canada) to allow toll-free contact with me. As of November 30, 2007 my number "XXX-XXX-XXXX" is replaced by XXX-XXX-XXXX which accepts calls from any number and is toll-free from Maryland.

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abuse and manipulation you used my toothbrush and underwear in the same way for the past three months. My interest in your games is waning as you might have noticed.

If you don't know what my personal belongings are, look up the United Nations definition. I refer to my exclusive use of articles like my own diary, notes, intellectual properties, keepsakes, toothbrush, outerwear, brassiere and underpants and that exclusive use makes them mine and having no value to anyone but me etceteras. OMG Have you sliced up my clothes again with scissors and razors? Is that why you can't work this out? I sure hope not.

It's possible in the rush to give my bedroom to the girls on September 2nd and in the ransacking of my suitcase from August 31, the contents of my bedroom as of the morning of September 1, 2007 may not be as they were and some of my belongings (those which were not attacked by a pervert who sliced and diced my undies with scissors and razors) may have been scooped by my sisters. Ok. I love my sisters. So be it. But I want the bulk of my personal possessions as a matter of principal. You promised to arrange that. You dropped the ball. Fix this problem. It was our only point of discussion. Otherwise we had nothing to talk about. If you do not intend to cooperate with me in any way, just say so and stop bothering me. Stop harassing me. Stop lying to me. Stop calling me stupid and a dead-ender and so on. I am fed up with your abuse. I mean it. The way I was treated in the years before I left makes me sick to remember and should make you ashamed of how you continue to behave. You want to continue a fight? For what? What do you think you and mom are winning. My disgust? Ick!

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Meanwhile, I hope everyone is in good health and enjoying the start of the holiday season.

-Kathleen Mary Sheridan

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Kathleen Mary Sheridan

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